

Novena to  
Our Lady of  
Perpetual  
Help

**Rahan Parish**  
Fr. Michael 087-2900844  
Fr. Frank 057 9378181.  
Secretary 0579378181. Wed 9am-5pm  
**5th Sunday in Ordinary Time 8th February 2026**



**Shamrock's Lotto** 2, 16, 24, 5 **Mucklagh Community Lotto:** 1, 7, 24, 26

**Prayer to Our Mother of Perpetual Help** Mother of Perpetual Help, with the greatest confidence we come before your holy picture to be inspired by the example of your life. We think of you at that moment when, full of faith and trust, you accepted God's call to be the mother of his Son. Help us, your children, to accept with joy our own calling in life. When you learned that your cousin Elizabeth was in need you immediately went to serve her and offer your help. Help us, like you, to be concerned for others. We think of you, Mother, at the foot of the cross. Your heart must have bled to see your Son in agony. But your joy was great when he rose from the dead victorious over the powers of evil. Mother of Sorrows help us through the trials and disappointments of life. Help us not to lose heart. May we share with you and your Son the joy of having courageously faced up to all the challenges of life

**Killina**

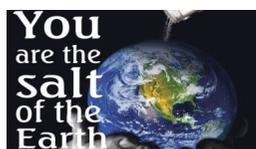
**Sun 8th February: 10.30am** Intentions of Parish Novena  
**Tues 10th No Mass 7. 30pm** Parish Novena to Our Lady of Perpetual Help in Mucklagh  
**Thurs 12th 7.30pm** Pat Joe and Anna Corcoran, their sons Camillus and Anthony and their daughter Ann, Killina  
**Sun 15th February: 10.30am** Michael Lynam and parents Jim and Mary Kate, Liam Kenny

**The Island**

**Sat 7th: 6pm** Anna Corcoran Killina and Deceased family members  
**Sat 14th: 6pm Feast of St. Valentine**, Mass for intentions of all married couples

**Mucklagh**

**Sat 7th: 7.30pm** Nuala Owens m.m. Billy Fox, Ross Road Jack and Kate Egan Stephen and Annie Dunne Frances, Bernadette, Noel Ita and Frank Dunne  
**Sun 8th: 9.00am** Intentions of the Sick  
**Sun 8th: 12noon** Intentions of Parishioners  
**Mon 9th: 7.30pm** Intentions of Parish Novena  
**Tues 10th Mass at 9am Feast of St Scholastica**  
**Tues 10th 7.30pm** Parish Novena to Our Lady of Perpetual Help  
**Wed 11th 7.30pm** Lar Mooney, Lynally **Our Lady of Lourdes World Day of Prayer for the Sick**  
**Thurs 12th: 9.00am** Lists of the Dead  
**Fri 13th: 7.30pm** Intentions of Parish Novena  
**Sat 14th: 7.30pm Feast of St. Valentine**, Mass for intentions of all married couples  
**Sun 15th: 9.00am** Intentions of the Sick  
**Sun 15th: 12noon** James and Lily Flanagan and James and Christina Conway



**Plate Collection** Killina €480 The Island €225 Mucklagh €1,005  
**Development Fund** Killina & The Island €441 Mucklagh €638

**Parish Novena to Our Lady of Perpetual Help** continues this Tuesday and on all of the Tuesdays of February 10th, 17th and 24th in Mucklagh church at 7.30pm with visiting speakers. Lots of nice singing, prayers, readings and reflections.

**Fr Vincent Sherlock will lead us on this Tuesday February 10th. He is Parish Priest of Tubbercurry-Clonacool Parish in Co. Sligo and a regular contributor to the Irish Catholic Newspaper** This Tuesday Eve of the Feast of Our Lady of Lourdes will be especially focused on Mary as a mother of never ending help especially for the sick and those in need. We encourage people to come along and to especially pray for family members or friends you know to be ill. Include them in written prayers of intercession which you can place in the boxes in each church.

**Our Lady of Lourdes Prayer for healing** O ever-Immaculate Virgin, Mother of Mercy, health of the sick, refuge of sinners, comforter of the afflicted, you know my wants, my troubles, my sufferings; look with mercy on me. By appearing in the Grotto of Lourdes, you were pleased to make it a privileged sanctuary, whence you dispense your favours; and already many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with complete confidence to implore your maternal intercession. Obtain, O loving Mother, the grant of my requests. (mention your petition) Through gratitude for your favours, I will endeavour to imitate your virtues, that I may one day share your glory, and bless you in eternity. Amen

**February Offerings** due this month Offerings can be given in envelope from box of envelopes or an envelope marked "Priests Offerings" with your name and address on it

**Rahan Drama Group Present** The comedy 'The Two Loves of Gabriel Foley' in Rahan Hall, March 13th/14th/15th at 8pm. Adults, €12 Under-16s. €5 Booking: 086 0886648.

**Today's Gospel Salt for the Eucharist** : In Galilee around the time of Jesus, there was a flourishing fishing industry. Peter, James and John were part of it, and they were big-time fishermen. Fish from Galilee went all over the then known empire, and to Rome along the trade route, which went through Galilee. It was kept fresh, as much food was, as we kept food fresh for years before freezers – by salting it. The word of God is kept fresh within us by prayer; otherwise our Christian life may become weak and tasteless. A big food of Jesus is the Eucharist. His bread of life can go stale unless we 'salt' it. We salt the Eucharist by our lives. We keep the Mass alive by the way we live. The Eucharist is entrusted to us. God gives us his Son, his food, and leaves it to us how we live by it. Jesus invites us to be the 'salt of the earth' – to be people whose lives are centred on helping others and making the places around us places of kindness, compassion, hope, fun and life. We are the salt of the earth if we live out our communion. If we feed, shelter, clothe and help our neighbour, we are 'the light that rises in the darkness, the light the darkness cannot overcome

**Celebrating a Marriage Anniversary** February Month of St. Valentine. Mass of blessing of Marriage anniversaries 10th, 25th, 40th 50th, 60th or any year in between. on Saturday 14th Feb at 6pm Mass in The Island & 7,30pm Mass in Mucklagh

**Rahan Parish Christmas / Valentines Dinner** Sun 15th February at 2pm in Mucklagh Community Center. It is important for catering purposes that all who are attending notify the Community Center or a committee member.

**World Day of Prayer for the Sick** is celebrated on Wednesday 11th February Feast of Our Lady of Lourdes. Special prayers for those who are ill will be offered at the Novena on Tuesday evening and at mass on Wednesday evening .

**Explanation of The image of Our Lady of Perpetual Help** In the icon of our Mother of Perpetual Help, the Child Jesus is not portrayed with the physical proportions of an infant, but appears almost as an adult in miniature form. This has been interpreted to indicate that He is God, having infinite knowledge. Yet He is human as well, for He clings to His Mother's hand in fear, while gazing up toward the angel over His shoulder. One of His sandals has come loose, indicating the haste with which He had run to her. Why is the Child Jesus so frightened? The angels in the picture are holding instruments of His Passion and death, with the angel on the left bearing the lance and the reed, while the angel on the right holds the cross and nails. The face of Our Lady is grave and sorrowful, with her large eyes directed not at Jesus, but at us. One feels that she is pleading with us to avoid sin, which has caused her Son to suffer so much for us. Her gaze makes us a part of the picture and the pain it portrays. "Will you not love my Son, Who has loved you so much?" she seems to say.