



Rahan Parish
Fr. Michael 087-2900844
Fr. Frank 057 9378181.
Secretary 0579378181. Wed 9am-5pm
1st Sunday of Lent 22nd February 2026

Killina Sun 22nd February: 10.30am John Joe Mullen m.m.
Tuesday 24th 7.30pm Parish Novena to Our Lady of Perpetual Help in Mucklagh
Thurs 26th 7.30pm Mass Intentions of those who are ill
Sun 1st March 10.30am Intentions of Parishioners

The Island
Sat 21st 6pm Intentions of Parish Novena
Sat 28th 6pm Lists of the Dead

Mucklagh
Sat 21st: 7.30pm Pat Harnett 1st Anniv
Sun 22nd: 9.00am Intentions of Parish Novena
Sun 22nd 12noon Baithen Mooney Kathleen & John Flanagan Patrick and Emily Lambe their son Gussie and daughters Sr Pacifique, Sr Albert, Aggie and Josie and her husband Pat Lambe Tom Lawless and his parents Tom and Molly Margaret Mannion, Charleville View

Mon 23rd: 7.30pm Intentions of Parish Novena
Tues 24th 9am Lists of the Dead
Tues 24th 7.30pm Parish Novena to Our Lady of Perpetual Help
Wed 25th 7.30pm Intentions of Parishioners
Thurs 26th: 9.00am Intentions of Parish Novena
Fri 27th: 7.30pm John Monaghan Screggan **Stations of Cross 7. 10pm**
Sat 28th: 7.30pm Eamon Carroll Killiskea 1st Anniv. Rosemary Brennan
Sun 1st: 9.00am Intentions of Parish Novena

Sun 1st 12noon Colin Dunne. Marie Farrell, John Carroll St Colman's Terrace
 Geraldine O'Brien Agall Margaret, Terry and Siobhan Kelly. Carmel Kinahan

Plate Collection Killina €315 The Island €120 Mucklagh €785
Development Fund Killina & The Island €396 Mucklagh €1,066
Please Pray for Sr Immaculata, Tullamore,

Parish Novena to Our Lady of Perpetual Help concludes this Tuesday February 24th in Mucklagh church at 7.30pm.. Lots of nice singing, prayers readings and reflections. **Speaker on Feb 24th is Fr Paddy Byrne who frequently uses the metaphor of sowing seeds to discuss faith, new life, and the potential for positive outcomes even in times of adversity**
A Collection will be taken up on the last night to defray costs of the Novena which include, Donations to speakers, Cost of Novena prayer books which people are free to bring home
A Cup of Tea will be served afterwards in the Community Center

Fasting and Feasting During Lent Fast from judging others; feast on Christ within them. Fast from emphasis on difference; feast on our bonds. Fast from words that cut down; feast on speech that uplifts. Fast from gossip; feast on affirmations. Fast from discontent; feast on gratitude. Fast from pessimism; Feast on hope. Fast from anger; feast on patience. Fast from negatives; feast on encouragement. Fast from resentment; feast on forgiveness. Fast from suspicion; feast on truth. Fast from selfcenteredness; feast on compassion. Fast from complaining; feast on appreciation. Fast from giving up; feast on enthusiasm. Fast from the shadows of sorrow; feast on trust in God. Fast from focusing on problems; feast on unceasing prayer. Fast from anxiety; feast on faith. **Lets make this Lent the one we have celebrated the best.** At Easter We will rejoice in the great Mystery of our Salvation. **We begin our preparation now as we take on the three Lenten practices Prayer, Fasting & Almsgiving**

Mucklagh Church Clean up morning on Tuesday at 9.30am All help welcome
Rahan C.C.E Thanks for €2,500 received from Table Quiz for UNRWA



Shamrock's Lotto 23, 24, 28, 8 **Mucklagh Community Lotto:** 12, 13, 17, 29

A Daily prayer for Lent: Lord, I will turn, Turn my face towards you. I will lay before you the desert areas I hide, and turn to soak in your refreshing words of life. I will cast aside the barren, selfish pursuits and turn to rest in the tranquil warmth of your love. I will draw back from the harsh pull of media and turn to bathe in the gentle power of your Spirit. Lord, today I turn my face towards you. I will turn, to soak in your words of life, to rest in the warmth of your love and to bathe in the power of your Spirit.

Pope Leo XIV on Lent, "I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbour. Let us begin by disarming our language, avoiding harsh words and rash judgement, refraining from slander and speaking ill of those who are not present and cannot defend themselves. Instead, let us strive to measure our words and cultivate kindness and respect in our families, among our friends, at work, on social media, in political debates, in the media and in Christian communities. In this way, words of hatred will give way to words of hope and peace."

Today's Gospel Lent is a time in which the Church, guided by a sense of maternal care, invites us to place the mystery of God back in the center of our lives, in order to find renewal in our faith and keep our hearts from being consumed by the anxieties and distractions of daily life. Every path towards conversion begins by allowing the word of God to touch our hearts and welcoming it with a docile spirit. There is a relationship between the word, our acceptance of it and the transformation it brings about. For this reason, the Lenten journey is a welcome opportunity to heed the voice of the Lord and renew our commitment to following Christ, accompanying him on the road to Jerusalem, where the mystery of his passion, death and resurrection will be fulfilled. In the Gospel we reflect on the temptations of Jesus who guided by the Holy Spirit was able to reject them. That same Spirit will also guide us in the struggles of life and help us to live our lives with courage and enthusiasm. All three temptations come down to the same thing for Jesus in the end: to put material things and his own glory first, and spiritual things and God second, if at all. These are the major temptations of his Church as a whole, and of each of us who are its members. We have to keep our eyes on the One who refused to turn stones into bread, to jump from great heights, and to rule with great power. All those who are struggling to live a good life can take heart. Resisting temptation was not easy for Jesus; nor will it be for us. But in Jesus we have a brother who knows what we are up against. He forgives us and raises us up when we fall. He enables us to obey God's word, to trust him, and to worship him alone.

Senior Citizens /Active Retirement Annual Dinner Many Thanks to all who helped and contributed to a great event for our parish and community and wider communities

Prayer to Our Mother of Perpetual Help Mother of Perpetual Help, with the greatest confidence we come before your holy picture to be inspired by the example of your life. We think of you at that moment when, full of faith and trust, you accepted God's call to be the mother of his Son. Help us, your children, to accept with joy our own calling in life. When you learned that your cousin Elizabeth was in need you immediately went to serve her and offer your help. Help us, like you, to be concerned for others. We think of you, Mother, at the foot of the cross. Your heart must have bled to see your Son in agony. But your joy was great when he rose from the dead victorious over the powers of evil. Mother of Sorrows, help us through the trials and disappointments of life. Help us not to lose heart. May we share with you and your Son the joy of having courageously faced up to all the challenges of life

Cemetery Devotions Mucklagh Cemetery Sunday 7th June Mass at 6pm
Rahan Cemetery Saturday 15th August Mass at 7pm.
Killickfehan Cemetery Saturday 22nd August Mass at 6pm .

Rahan Hall Social Dance with Stacey Breen **Saturday 21st Feb at 9pm** Adm € 10
Trócaire Please take a Trocaire Box home with you and contribute regularly