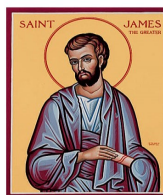


Come away to a  
deserted place  
all by yourselves  
and rest a while.

Mark 6:31

**Rahan Parish**  
Fr. Michael PP 087-2900844  
Fr. Frank 057 9378181. Mucklagh  
Secretary 057 93 78181. Wed 9am-5pm  
16th Sunday in Ordinary Time 21st July 2024



**Killina: Sun 21st: 10.30am:** Joe Keyes Loughroe

**Tues 23rd July: 7.30pm Mass:** St. Bridget of Sweden Patron of Europe

**Thurs 25th: 7.30pm Mass:** Saint James the Apostle

**Sun 28th: 10.30am:**

**The Island: Saturday 20th: 6pm:** Kevin Kinahan, 1st Anniversary

**Saturday 27th: 6pm:** Intentions of Parishioners

**Mucklagh**

**Sat 20th: 7.30pm:** Benny Cleary, Roscore, Moss and Josie Dunne Roscore

**Sun 21st: 9am:** Lists of Dead

**Sun 21st: 12noon:** Tom, Rose, Mary Philip & Nan Lynam and Deceased Relatives,  
Mary Walsh, Screggan

**Wednesday 24th: 7.30pm:** Feast of Saint Declan

**Thurs 25th: 9am:** Feast of Saint James the Apostle

**Fri 19th: 7.30pm:** Feast of Saint Joachim & Anne Parents of Blessed Virgin Mary

Mass for Mary Dunne Mucklagh, her parents Martin and Mary Pierce, Mary Bridget and Patrick Dunne and deceased relatives

**Sat 27th: 7.30pm:** Patrick Conway Beechmount Park

**Sun 28th: 9am:** Lists of Dead

**Sun 28th: 12noon:** Paul and Carmel Keyes & their mother Dolores Screggan Cross

**Offertory/Plate Killina** €225 **The Island** €120 **Mucklagh** € 905

**Development: Killina and The Island** €313 **Mucklagh** €561

**If you wish to donate online, the details are** Account Name : St Carthage's Church

Current Account IBAN IE30 BOFI 9019 0938 7088 72 BIC: BOFIE2D

**Rahan Cemetery** —Thursday 15th August —Mass at 7pm.

**Killickfeehan Cemetery** —Saturday 24th August —Mass at 6pm

**Thanks** to all who contributed to *Peters Pence Collection*. Remaining envelopes from yearly box can be returned asap. **Amount now collected** €2,699



**Lourdes Petitions** Please place written petitions in an envelope, in boxes available at the altar in our 3 churches and they will be brought to Lourdes on the Parish Pilgrimage which commences Thursday next 25th July.

**Rahan Comhaltas Summer Seisiúns** in Rahan Hall Tuesdays at 8.30 pm

**Marys's Meals Offaly: Church Gate Collection this weekend**

**Rahan Community Hall Social Dancing** in Rahan Hall on this **Saturday 20th July** at 9.30pm. Music by Glenn Flynn. Light Refreshments served Admission €10,

**Church Gate Collections** Please give **at least two weeks notice** of same to Parish Office. Please ensure not to clash with important internal Church Collections .



**A Hurlers Prayer on this All Ireland Hurling Weekend**

Grant me, O Lord, a hurler's skill, With strength of arm and speed of limb, Unerring eye for the flying ball And courage to match them what'er befall. May my aim be steady, my stroke be true, My actions manly, my misses few; And no matter what way the game may go, May I rest in friendship with every foe. When the final whistle for me is blown, And I stand at last at God's judgement throne, May the Great Referee when He calls my name, Say "you hurled like a man, you played the game".

**Shamrock's Lotto** 23, 24, 27. Bonus number 3. **Mucklagh Lotto:** 2, 16, 18, 25

**Today's Gospel:** We are told that his companions hadn't time to eat, with all the comings and goings, and the rush of life. Our world too, gets faster and faster. Jesus invites his companions to come away to a lonely place to find themselves, to ask who am I, and I am who. Henri Nouwen talks about human life being like a cart wheel, with hub and spokes. Spokes are the comings and goings of hectic action. Hub is the heart, the spirit, that keeps together the balance. So he advises, to give our human hub, moments of quiet, with a candle light, with a Hail Mary or Our Father, or a slow sign of The Cross, or a moments kneeling, or touching a personal medal or Rosary bead. As in today's story the activities, stresses, and challenges of life, don't go away. The crowd were still there in the quiet place waiting for Jesus and his companions, but somehow attitude was changed and things were seen differently. Through our faith and trust in God we too get help to handle the situations of life better.



**Friday is the Feast Day of Saint Joachim and Anne Grandparents of the Blessed Virgin Mary and Sunday next is World Day for Grandparents and the Elderly,** The idea under pinning the day is to highlight and value the experience of grandparents and elderly people who have accumulated wisdom and whose wisdom is vital for a

humane society. During the coming week we encourage children /grandchildren to visit the church and to say a prayer and/or light a candle for grandparents.or to say to grandparents how much we value and appreciate them **Prayer for Grandparents:** Lord Jesus, you were born of the Virgin Mary, the daughter of Saints Joachim and Anne. Look with love on grandparents the world over. Protect them. They are a source of enrichment for families, for the Church and for all of society. Support them. As they grow older, may they continue to be for their families strong pillars of Gospel faith, guardians of noble domestic ideals, living treasuries of strong religious traditions. Make them teachers of wisdom and courage, that they may pass on to future generations the fruits of their mature human and spiritual experience. Amen

**Croagh Patrick - Reek Sunday 28th July:** Pope Francis has designated 2024 as a Year of Prayer, and this year's pilgrimage theme is: 'To pray for and honour grandparents and the elderly' **8am.** First hourly Mass on the summit. Last Mass on the summit **2pm** Confessions will also be heard on the summit.



**Mucklagh Cemetery** As announced last week and after discussion with many parishioners local undertakers and in order to preserve the life length of Mucklagh cemetery for present and future generations we have decided that from now on only single graves will be allocated to people wishing to purchase a grave in Mucklagh cemetery. A single grave will accommodate the burial of 3 persons. As is the existing policy no graves will be sold in advance of when needed. For all who have purchased graves already, those purchases will be honored. Fr Michael and Fr Frank.



**Olympic Games:** These great sporting events generate all sorts of good ideas and initiatives, particularly among young people reminding us all of the importance of good health, the dignity of our bodies, the care of our physical wellbeing and its spiritual meaning. The example of many who are dedicated to training routines in preparation for these games reminds us of the needs for good habits and routines in our daily lives if we are to make the most of our God given talents.

**The Olympic Motto** reads in Latin "Citius, Altius, Fortius – Communiter" and " in English. "Faster, Higher, Stronger, Together

**The Olympic Rings** blue, yellow, black, green & red. represents the union of the five continents and the meeting of athletes from throughout the world at the Games.