

Rahan Parish
 Fr. Michael PP 087-2900844
 Fr. Frank 057 9378181. Mucklagh
 Parish Secretary 057 93 78181. Wed 9.am -5 pm
 14th Sunday in Ordinary Time 9th July 2023

Killina: Sunday 9th: 10.30am: Michael Connolly Ballykeenehan
Tuesday 11th: 7.30pm: Kevin Minnock Killgurtin his grandparents and relatives
Thursday 13th: 7.30pm Feast of Saint Henry
Sunday 16th: 10.30am: The deceased members of the Guinan family, Roscore

The Island:

Saturday 8th: 6pm: Ray Minnock m.m Michael & Christina Conroy Deerpark
Saturday 15th: 6pm Teresa Kelly nee Sammon m.m .

Mucklagh: Saturday 8th 7.30pm : Kathleen Galvin Cloonagh m.m

Sunday 9th: 9am: Lists of Dead

Sunday 9th: 12noon: Intentions of all Parishioners

Wednesday 12th: 7.30pm: Saints Louis and Zelig Martin (Parents of St Therese)
 John and Joan Hume, Denise and Joseph Hume, Triona Hume Arden Vale and late of Charleville View

Thursday 13th: 9am Feast of Saint Henry

Friday 14th: 7.30pm St. Camillus De Lellis Patron of the Sick, Hospitals & Nurses
 Tom Condron 3rd Anniversary, Owen Gibson, Cavan and Tonaport

Saturday 15th July: 7.30pm: Paddy and May Fogarty, Barney and Bridget Pyke

Sunday 16th: 9am: Intentions of all Parishioners

Sunday 16th: 12noon: Olive Flynn, The Fingerboard., Tom, Rose, Mary, Philip and Nan Lynam

Offertory/Plate: Killina €210 The Island €100 Mucklagh €901

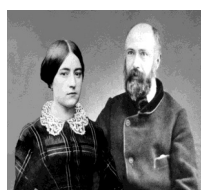
Development Fund: Killina and The Island €449 Mucklagh €524

Adoration: Mucklagh: Thursday 2-6pm Killina: Monday 3-10pm

Adoration: The Island: Tue 3pm—8 pm and Saturday after Mass

Please pray for: Joe Larkin Killurin, Claire Devine (née Kelly) formerly Clara

Pope 's Intention for July: For a Eucharistic life We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters



Prayer to Saints Louis and Zelig Martin (Parents of St Therese)

Dear Lord, You have given us Saints Louis and Zelig Martin as examples of holiness and fidelity in family life. Help us to follow their example of openness to Your will, that we might be as ready to follow Your call as they were. Saints Louis and Zelig Martin, you both desired to give yourself entirely to God in a religious vocation. You loved Him so dearly that you wanted to devote your life to Him in a special way.

But God showed you both that His plan for you was different. When you saw that He was calling to you a different vocation than you had planned, you readily gave yourselves to Him in a different way. Pray for me, that I may be as open to God's will as you were. Help me to be ready to do even the unexpected when God asks me to. Please also pray for (mention your intentions here). Saints Louis and Zelig Martin, pray for us!

National Grandparents' Pilgrimage to Knock and the celebration of the **World Day for Grandparents and the Elderly** both take place on **Sunday 23 July 2023.**

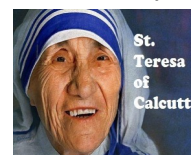
Rahan Community Hall Dance Saturday 26th August Music by Glenn Flynn Adm €10 Tickets on Sale from Hall Committee members. Refreshments Served



Shamrock's Lotto: 11, 13, 29. Bonus number 5. Next week €15,000.
Mucklagh Community Centre: Lotto: 3, 12, 15, 27. Next week €6,400

Today's Gospel: Lightening burdens. "Come to me, all you who labour and are overburdened, and I will give you rest." These are among the loveliest words in the Gospel. Life can be very burdensome for some people. There are all kinds of burdens - worry, responsibility, disappointments, hurts, bitterness, guilt, illness, unemployment, a difficult relationship, addiction. Some of our burdens may be baggage which we could and should let go of. There is a Zen story about an old man going on a spiritual journey with a heavy bag on his back. On his deathbed he passes on the bag to his disciple. When the disciple opens the bag he finds that it is empty. Yet he wonders why it weighed so much. And the old man says "it is the weight of everything in my life that I did not need to carry". Religion should not make life more burdensome. If Jesus placed any burden on us at all, it was that of loving one another. But if we have love, that is no burden at all. He doesn't take our burdens from us, but gives us the strength to carry them. While faith makes all things possible, love makes all things easy.

The Jesus Prayer/Fragrance Prayer by St John Henry Newman which was recited daily after Communion by St Teresa of Calcutta & her Sisters of Charity:



Dear Jesus, Help me to spread Your fragrance everywhere I go. Flood my soul with Your spirit and life. Penetrate and possess my whole being so utterly, That my life may only be a radiance of Yours. Shine through me and be so in me that every soul I come in contact with may feel Your presence in my soul. Let them look up and see no longer me, but only Jesus! Stay with me and then I shall begin to shine as You shine, so to shine as to be a light to others; The light, O Jesus will be all from You; none of it will be mine; It will be you, shining on others through me. Let me thus praise You the way You love best, by shining on those around me. Let me preach You without preaching, not by words but by my example, by the catching force of the sympathetic influence of what I do, The evident fullness of the love my heart bears to You.

Reflection: Today I Can Today I can complain about my health, Or I can celebrate being alive. Today I can moan that it is raining, or be joyful at all that grows from the rain. Today I can regret all I don't have, or rejoice in everything I do. Today I can mourn everything I have lost, or eagerly anticipate what's to come. Today I can complain that I have to work, or celebrate having a job to go to. Today I can resent the mess the kids make, or give thanks that I have a family. Today I can whine about the housework, or celebrate having a home. Today I can cry over the people who don't care for me, or be happy loving and being loved by those who do. I choose to have a good day today!

Rahan Comhaltas Summer Seisiúns Rahan Hall **Tuesday July 11th** at 8.30 pm



The Meaning of Success Success is speaking words of praise. In cheering other people's ways. In doing just the best you can, with every task and every plan. It's silence when your speech would hurt. Politeness when your neighbours' curt. It's deafness when scandal flows and sympathy with others' woes. It's when duty calls. It's courage when disaster falls. It's found in laughter and in song. It's the silent time of prayer in happiness and despair. In all of life and nothing less we find the things we call Success."

Mary's Meals Church Gate Collection next weekend Mary's Meals' Vision is that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.

Church Gate Collections Please give **two weeks** notice of same to Parish Office **The Annual Pioneer Pilgrimage** to Knock will take place next Sunday 16 July