



SECOND  
SUNDAY  
OF LENT

**Rahan Parish**  
**Fr. Michael PP 087-2900844**  
**Fr. Frank 057 9378181. Mucklagh**  
**Parish Secretary 057 93 78181. Wed 9:30am-5:30pm**  
**2nd Sunday of Lent 5th March 2023**

**Killina: Sun 5th: Mass at 10.30am:** Mary Connolly, Ballykeenaghan, 1st Anniv  
**Tuesday 7th: Mass at 6.00pm: Please Note Change of time for this week only**  
**Thursday 9th: Mass at 7.30pm:** Intentions of the Sick  
**Sunday 12th: Mass at 10.30am:** Michael and Ronnie Grennan and John, Mary Ellen and Breda Grennan  
**The Island: Saturday 4th: Mass at 6.00pm:** Intentions of Parishioners  
**Saturday 11th: Mass at 6.00pm:** List of the Dead  
**Mucklagh: Sat 4th: Mass at 7.30pm:** Colin Dunne, Roscore and Marie Farrell, Dublin, Patrick Carroll, Kilcormac and Rosemary Brennan, Clonaslee formally Lynally and Davy Ward 3rd Anniversary  
**Sunday 5th: Mass at 9.00am:** Intentions of Parishioners  
**Sun 5th: Mass at 12noon** John Carroll, St Colman's Tce, 1st Anniv, Geraldine O'Brien  
**Wed 8th: Mass at 6.00pm: Please Note Change of time for this week only**  
**Thurs 9th: Mass at 9.0am:** Intentions of the Sick  
**Fri 10th: Mass at 7.30pm:** Jimmie and Nellie Comerford, The Fingerboard  
**Saturday 11th: Mass at 7.30pm:** Special Intention  
**Sunday 12th: Mass at 9.00am:** Gabe Neville, Lynally  
**Sunday 12th: Mass at 12noon:** Margaret (Grett) Delaney, Healy St, Tullamore  
**Offertory/Plate: Killina €455 The Island €210 Mucklagh €780**  
**Development: Killina and The Island €261 Mucklagh €456**  
**Adoration: Mucklagh: Thursdays 2pm-6pm Killina: Mondays 3pm-10pm**  
**Adoration: The Island: Tue 5pm—7pm & Saturday after Mass until 8pm**

**Please pray for:** Tommy McDermott, Rahan, Brian Boland, The Bawn, Carmel Kinahan, Killeigh and formally The Island, Pat Heffernan, Tullamore and Lelia Brady, Killeigh

**Trocaire:** Trocaire Boxes available in all of our churches.

**TURKEY - SYRIA  
EARTHQUAKE APPEAL**

**Turkey and Syria Earthquake Appeal:** In response to the devastating earthquake in Turkey and Syria, Bishop Tom has suggested that a special collection should be taken up at all Masses this weekend. Proceeds will be forwarded to Diocesan Office and then to Trocaire who will work with Caritas in bringing relief to those who are in need

**Eucharistic Adoration:** Members of the Diocesan Adoration Group who will promote at all masses this weekend the benefits of Adoration. amongst us

**Killina Secondary School: Zambia Outreach Race Night** in Thatch Fri 10th. March

**Let's Do Lent - Ideas For Lent:** 1. Fast, maybe skip one meal from time to time, . 2. Meditation and Prayer - these lead to a closer connection with God; Spend a Holy Hour before the Blessed Sacrament..3. A weekend away from the mobile.

**House Masses:** An opportunity for family, neighbours and friends to come together to pray and build up a community spirit - no fuss just a cup of tea. If interested in having house Mass for Lent contact Fr. Michael 087 2900844 or Fr. Frank 057 93 78181

**Colin Dunne 5K Race** this Sunday at 2pm.. Proceeds to St Colman's Autism Unit  
**Buttons and Bows** This Sunday in Community Center in aid of Dochas

**Knock Shrine:** Sat 11th March. We hope to have a bus leaving at 8am. Fr. Roza will be present who has a special charism for healing. Contact Fr. Frank 087 3804814

**Shamrock's Lotto:** 7, 8, 15. Bonus number 9. Next week €11,400.  
**Mucklagh C. Centre: Lotto:** 1, 15, 21 & 28. Next week €2,800

**LENT**  
Pray + Fast + Give

**Rahan Drama:** Tickets are now available for the play in Rahan Community Hall, 17/18/19 March. on 086 0886648. Adults €10, Under-16s €5.

**Today's Gospel: Transformation -Transfiguration:** The programme Operation Transformation has just finished on T.V. The aim of the programme is for the participants to change and transform their lives, The participants through eating healthier and doing exercise hope to lose weight and become fitter physically and mentally and are helped to adapt a more positive view of life and of living. Lent too is a time of Transformation in all of our lives. We give something up, we take something on, We listen more attentively to God's word as He speaks to us. Through our Lenten efforts we try to grow more in the likeness of Jesus the Son of God. We are pilgrims on a journey from youth to age, from the cradle to the grave but we believe we have a destiny that does not end with death. After this life, we trust we will emerge into a new kind of life in God's presence. On this earth we are pilgrims, like Abraham, moving toward the land of promise. Like St Paul, we try to deal with whatever problems and setbacks we meet along the way, with the help of the Lord. Finally, if we are faithful, we hope to be joined with Christ in glory, as the reward he has promised. Can we see our own, personal life as a pilgrimage towards God? Just as God called Abraham, so each of us is called to go on this pilgrimage. This quiet but insistent vocation to "leave your country and your father's house" can be read as a call to decency and generosity, to "leaving old ways behind," all pride and selfishness, arrogance, hard-heartedness, anger, envy or falsehood. Then the directive to "Go to the land I shall show you" would point not in a geographical but a moral direction. The divine command could be interpreted as: Be transformed Be Transfigured Go towards charity, respect, justice, and sharing in prayer. Go in the way of Jesus and your final destination will be in heaven



**The Pope and the Bible for Lent:** The following reflection by Pope Francis is taken from his Angelus address.: "What would happen if we treated the Bible as we treat our mobile phone? If we always carried it with us, or at least a small pocket Bible, what would happen? If we went back to look for it when we

forgot it, if we opened it several times a day; what would happen if we read God's messages contained in the Bible as we read our phone messages? The comparison is clearly paradoxical, but it makes us reflect. If we had the Word of God always in our heart, no temptation would be able to estrange us from God and no obstacle would be capable of making us deviate from the path of goodness; we would be able to overcome the daily suggestions of evil that are in us and outside us; we would be more capable of living a resurrected life according to the Spirit, receiving and loving our brothers especially the weakest and most in need and even our enemies.

**Do you want to fast for Lent? Pope Francis tells us How:** Fast from hurting words and say kind words. Fast from sadness and be filled with gratitude. Fast from anger and be filled with patience. Fast from pessimism and be filled with hope. Fast from being worried and have trust in God. Fast from complaints; contemplate thanksgiving. Fast from pressures of life and be prayerful. Fast from bitterness; fill your hearts with joy. Fast from selfishness and help those in need. Fast from grudges and be reconciled and live in peace. Fast from words; be silent and listen

**First Penance:** For Mucklagh N.S. on Tuesday and Rahan N.S. on Wednesday. Both at 7.00pm. (Reason for change in Mass times)

